

# Sunday Lunch

Rosemary Roast Beef  
Sliced Parsley Carrots  
Baked Potato  
Dinner Roll

*Alternate: Smothered Turkey Patty, Lima  
Beans, Buttered Rice*

Lemon Jello

Beverage of Choice

# Sunday Dinner

Chicken Tenders w/  
Creamy Gravy  
Roasted Green Beans  
Mac & Cheese  
Dinner Roll

*Alternate: BBQ Pork Chops, Buttered  
Corn, Mashed Potatoes*

Cookies  
Beverage of Choice

# Monday Lunch

Savory Pork Roast

Seasoned Greens

Rice Pilaf

Cornbread w/Margarine

*Alternate: Hamburgr Steak W/ Onions &  
Brown Gravy, Braised Cabbage, Oven  
Roasted Potatoes*

Citrus Glazed Angle Food  
Cake

Beverage of Choice

# Monday Dinner

Rotisserie Chicken  
Green Peas  
Buttered Noodles

*Alternate: Breaded Fish Sandwich, broc  
, Tater Tots*

Fruit Cup  
Dinner Roll

# Tuesday Lunch

Smothered Chicken

Lima Beans

Whipped Sweet Potatoes

Cornbread

*Alternate: Pork Chops, Carrots, Potato  
Wedges*

Peaches or Pears

# **Tuesday Dinner**

Classic Baked Ziti  
Cauliflower  
Garlic Dinner Roll  
w/Margarine

*Alternate: Meatballs w/Gravy, Tossed  
Salad, Mashed Potatoes*

Chocolate Brownie

Beverage of Choice

# Wednesday Lunch

Homestyle Meatloaf  
Buttered Peas  
Cheesy Mashed Potatoes

Dinner Rolls w/Margarine

*Alternate: Tilapia Fish, Carrots, Herbed Rice*

Cinnamon Apple Cake

Beverage of Choice

# Wednesday Dinner

Italian Sausage  
w/Peppers & Onions  
Capri Blend  
Parsley Noodles  
Dinner Roll

*Alternate: Breaded Chicken Sandwich,  
Broccoli, Parsley Noodles*

Fruit Cup



# **Thursday Lunch**

Cheese Pizza

Tossed Salad With Dressing

*Alternate: Garlic Pork Chop, Kernel Corn,  
Seasoned Rice  
Dinner Roll*

Apple Upside Down Cake

# **Thursday Dinner**

Open Faced Turkey  
Sandwich  
Brussels Sprouts  
Mashed Potatoes

*Alternate: Hamburger Steak, Parsley  
Cauliflower, Parmesan Noodles, Cornbread*

Chocolate Pudding

Beverage of Choice

**Friday Lunch**

Chili Dogs  
Coleslaw  
Baked Beans

*Alternate: Smothered Steak, Sliced Carrots,  
Rice Pilaf*

Pineapple Tidbits

**Friday Dinner**

# Chicken & Dumplings Buttered Green Peas

*Alternate: Grilled Ham & Cheese, Capri  
Blend, Potato Wedges*

## Chocolate Ice Cream

### **Saturday Lunch**

Pinto Beans  
Mashed Potatoes  
Mixed Vegetables  
Cornbread

*Alternate: Vegetable Quiche, Tossed Salad*

Jello  
Beverage of Choice

**Saturday Dinner**

Chili Con Carne  
Seasoned Spinach  
Dinner Roll

*Alternate: Rosemary Chicken , Winter  
Blend, Steamed Rice*

Fruit Cup  
Beverage of Choice